



I AM NOT A TOURIST

PROVENCE & CAMARGUE OFF THE (MAIN) ROADS

UNIQUE LUXURY EXPERIENCES IN PROVENCE

ART OF LIVING IN PROVENCE FROM FARM TO TABLE

Immerse yourself in the French terroir by enjoying these unique « from farm to table » experiences.

Our extensive network of chefs and local producers will make you enjoy the best Provençal's soil has to offer. You will get to meet / visit local producers to pick your supplies for the cooking class. Within a few hours, you will go in a field to pick fruits and vegetable, meet a local cheese maker, put your hands on to cook those beautiful tomatoes, egg plants, zucchinis... and eat it all with the greatest vintage wines to pair your courses.



Otherwise, enjoy a five courses gourmet picnic lunch in a very unique setting.
An alternative and bucolic way to enjoy our local gastronomy.

- Cooking class with a Michelin stated chef
- Cooking class with the traveling cook
- One of a kind picnic (see pics below)



Where & when cooking classes can be organized:

Avignon (inside les Halles market) : Every day but Monday

Châteauneuf -du-Pape (private cellar): Everyday

Les Alpilles: Every day. Cooking class takes place at a chef workshop

Camargue (Michelin stated restaurant La Chassagnette): Everyday but Tuesday and Wednesday

Luberon (Lourmarin): Everyday

Uzès : On request

Arles: 2 Michelin stars restaurant: On request



Our unique picnic experience can be organized in:
La Vallée des Baux / Luberon / Var / Camargue / On a boat visiting les Calanques
of Cassis



For more info, please contact us: sebastien@iamnotatourist.fr or +33(6).25.42.78.22



We also like to bake so we organize baking classes:

- Saint-Rémy-de-Provence (croissant, macaroons, meringues)
- Luberon / Lourmarin (gluten free pastries)



MARKETS:

Here is one of the reasons why people come from all around the world to visit Provence, our Markets. Pretty much every day of the week, there are picturesque and enjoyable markets to stroll in Provence.

Here is a selection of our favorite markets:

Tuesday: Cucuron

Wednesday: Saint-Rémy-de-Provence / Uzès

Thursday: Maussane-les-Alpilles

Friday: Lourmarin, Cassis, Aix-en-Provence, Eygalières, Saint-Quentin-la-Poterie

Saturday: Arles, Uzès

Sunday: L'Isle-sur-la-Sorgue



TASTINGS:

Without a doubt, Provence ranks among the best French region when it comes down to tastings. All year round, we are spoiled with such a wide variety of fresh seasonable products available. No need to go to the supermarket to buy some, we know plenty of local producer to introduce you to. They will make you love Provence even more. Here is a sample of what / where you can taste:

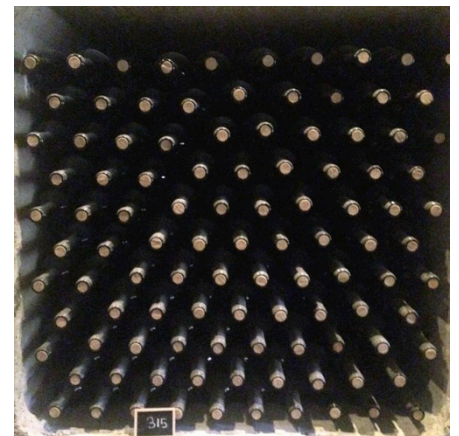
- **Goat cheeses:** Alpilles, Luberon, Lorgues, Camargue
- **Cow cheese:** Saint-Rémy-de-Provence
- **Olive oil:** Alpilles, Luberon, Uzès, Lorgues
- **Wines:** see below
- **Craft Beer:** Uzès
- **Honey:** Alpilles, Var, Luberon
- **Nougat:** Luberon, Alpilles
- **Chocolates:** Saint-Rémy-de-Provence, Avignon
- **Calissons:** Saint-Rémy-de-Provence
- **Truffles:** From late October to March and June to August. Alpilles / Luberon / Var
- **Salts:** Camargue et Saint Rémy
- **Safran:** Near Bagnol-sur-Cèze

WINE ALL THE WAY

The southeastern part of France brings together a large variety of wines, making it a top region for wine tastings. With over 20 official appellations, these tours are tailor-made to make discover wide variety of wines, from small family owned wineries to world famous ones.

Our privileged access in the most scenic cellars where you will get the taste vintage labels "cuvée" will make these experiences unforgettable.

Also, how about having a private chef cooking for you in the cellar of a winery for yet, one other unique experience ?



Chateauneuf-du-Pape / Côtes-du-rhône / Gigondas / Cairanne / Ventoux /
Beaume-de Venise / Côteaux d'Aix / Cassis/ Côtes de Provence / Uzès / Vallée-
des-Baux, Luberon / Tavel / Languedoc.



NATURE AND CULTURAL HERITAGE

NATURAL WONDERS

La Provence counts not less than 5 natural parks, being one of the most diverse French region.

From the hilltop villages of the Luberon, the crystal clear water of Les Calanques, the wilderness of La Camargue, the picturesque area of Les Alpilles, the green and quiet part of the Var countryside and the famous Riviera, La Provence offers an assorted range of landscape and sceneries.

- Private boat trip in Cassis / Marseille
- Snorkeling in Les Calanques
- Gourmet picnic in the heart of a vineyard
- Exploring La Camargue
- Discovering a salt mine
- Kayaking underneath the Pont du Gard

